

2021 Spring Retreat Itinerary



Friday, May 28

4:45 pm Arrive at Church
5:00 pm Departure
6:00 pm Arrival at Camp Mount Shepherd and Move into Cabins
6:30 pm Dinner with Cabins
8:00 pm Worship Session 1 at Hedgecock
9:30 pm Snacks
10:00 pm Cabin Area Hangout
11:00 pm In Cabins
11:30 pm Lights Out

Saturday, May 29

8:00 am Wake Up
8:30 am Breakfast at Hedgecock
9:30 am Worship Session 2 at Hedgecock
10:30 am Challenge Course/Team Building (2 Teams)
12:30 pm Lunch
1:30 pm Free Time Options (Field, Cabins, Card Games in Hedgecock, Lake Activities, Hiking)

Lake Activities Break Out Times

1:30-4:00 Fishing, Swimming, Zip Line, and Water Slide

4:00-5:30 Fishing, Paddle Boards, Canoes, and Paddle Boats.

6:00 pm Group Pictures
6:30 pm Dinner
7:30 pm Worship Session 3 at Hedgecock
8:30 pm Campfire Sharing at pit between Lake and Cottage
9:30 pm S'mores/Snack
10:00 pm Cabin Area Hangout
11:00 pm In Cabins
11:30 pm Lights Out

Sunday, May 30

7:30 am Wake Up/Pack Up/Clean Cabins
8:30 am Breakfast
9:30 am Worship Session 4 at Hedgecock
11:00 am Depart Camp Mount Shepherd
12:00 pm Arrive at Mount Tabor UMC

Packing List

- Prescription Medications (Pack separately and label to give to adult leader upon arrival)
- Appropriate clothing outfits (including underwear and socks).
- One pair of long pants
- Jacket/ Sweatshirt
- Pajamas
- Tennis Shoes
- Swimsuit: Females must bring a one piece, Males must be swim trunks and modest.
- Pillow & Sleeping Bag or Twin Sheets and a blanket
- Towel (bath and swimming)
- Bible (labeled inside) and pen, pencil, notebook/journal
- Soap, shampoo, toothpaste, toothbrush, deodorant
- Flashlight
- Plastic or mesh bag for dirty/wet items

Packing List (Optional Items)

- \$ for camp store
- Sunglasses
- Hat
- Sunscreen
- Bug spray
- Fishing Gear and Tackle (None provided at camp)
- Backpack
- Musical Instruments
- Card/Board Games to play
- Water shoes, crocs, flip flops, or sandals.
- Non Peanut and Tree Nut snacks to share in individual packaging.
- Water Bottle
- ENO-portable hammock
- Rain gear-Poncho or Umbrella

Camp Guidelines

-You must be at least 14 days COVID Free, No fever of 100 degrees F or higher, and symptom free. Temperatures will be recorded and checked each day.

-Only pack what is necessary and you can carry. You will have to carry your stuff on a trail about a quarter mile to the cabins. Wheels on bags won't help.

-Camp speed limit is 10 mph.

-Vehicles should go to the parking lot at the top of the hill by the office and Hedgecock Lodge. Do not block the basketball goal area. Vehicles need to remain parked there from arrival to departure from camp.

-Rule of 3. You must travel in groups of at least three.

-Be on time.

-You must eat at tables with people in your cabin.

-Masks must be worn inside Hedgecock Lodge except while eating or leading worship. Outside is up to you, but you should respect others space and choice to wear or not wear a mask.

-Only people assigned to a cabin are allowed in that cabin. Respect each other's stuff.

-Medications must be in original bottles inside a Ziploc baggie with your name on it and instructions on when to dispense. No youth may dispense their own medications, OTC or prescription. An adult leader will be in charge of them and they will be locked up.

-No phones out in worship, team building, and meals. Spend time with those around you.

-Mount Tabor UMC and Camp Mount Shepherd are not responsible for any of your belongings.

-No weapons, pranks, skateboards, fireworks, vapes, tobacco products, illegal drugs, alcohol, or anything else Camp Mount Shepherd and Mount Tabor UMC prohibits.